

# ILLINOIS CHILDREN'S MENTAL HEALTH TREATMENT WORKGROUP MEETING JANUARY 11, 2022

Welcome! In the chat box,  
please let us know:

- Your Name
- Your Title/Affiliation
- Your City/County
- Something you are looking forward to for the New Year



# AGENDA

## I. Overview

- a. Planning Process Overview
- b. Recommendation Development & Themes
- c. Areas of Action Review
- d. Breakout Group Format Overview

## II. Breakouts – 3 Groups (by Area of Action)

- a. Refinement / Development of Action Steps

## III. Reconvene & Close Out

- a. Breakout Group Report Out
- b. Next Steps





# Planning Process Review



# PLANNING PROCESS OVERVIEW

## Four-Phase Process

Phase 1 – Planning and Preparation

Phase 2 – Community Input and Plan Development

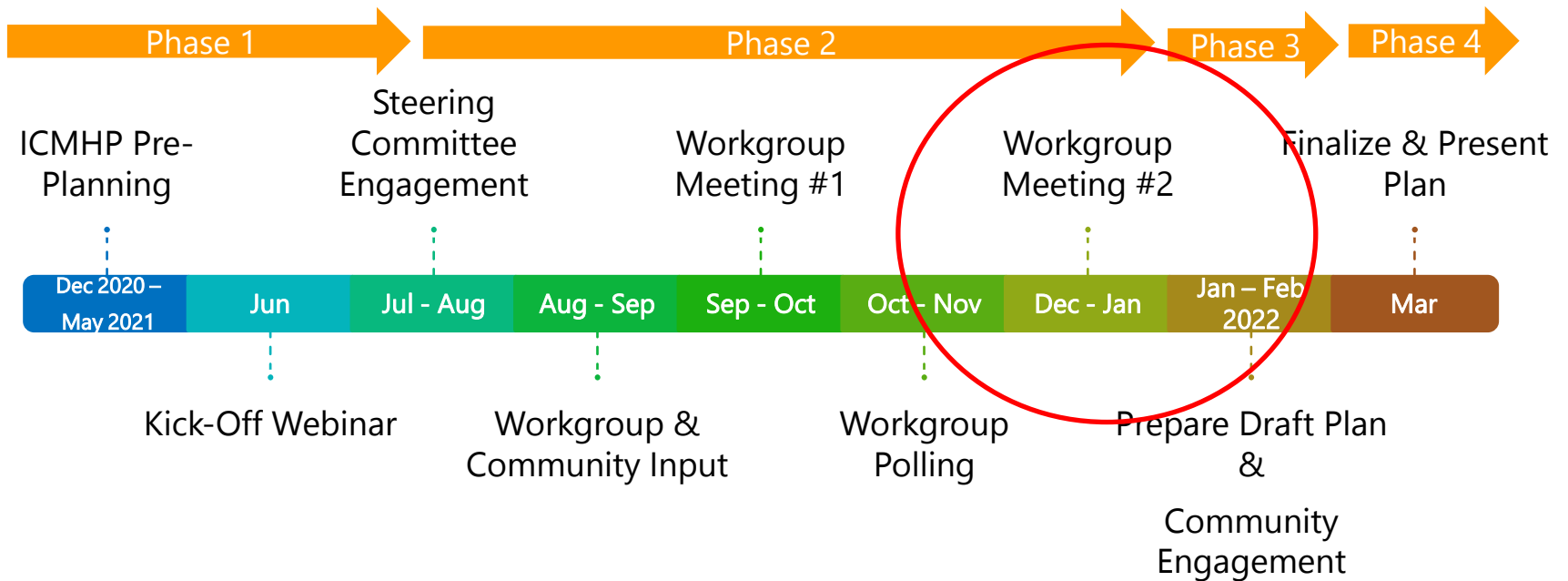
- Workgroup Meeting #1: Orientation and Plan Process Overview
- Workgroup Meeting #2: Planning Session Refining Recommendations

Phase 3 – Present Draft Recommendations

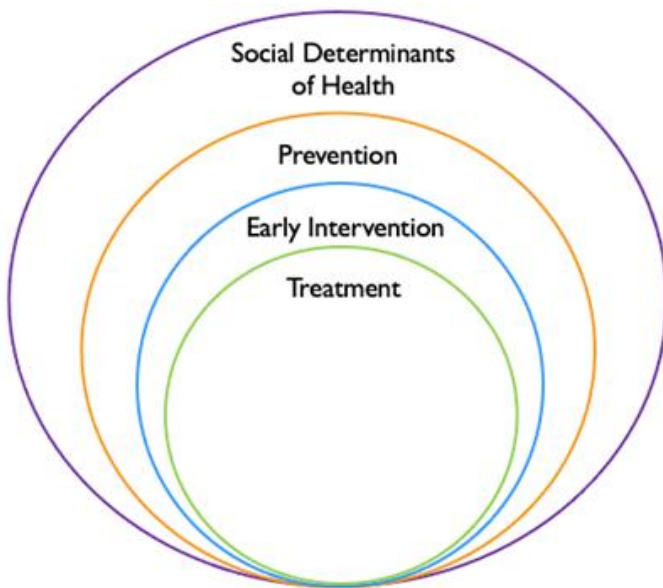
Phase 4 – Finalize and Release Children’s Mental Health Plan



# Children's Mental Health Plan – Development Process Timeline



# WORKGROUP OVERVIEW



- **Social Determinants of Health** – recommendations will focus on the social, economic, and physical conditions where children and their families live, learn, work, and play and their unique impact on mental health and well-being.
- **Promotion and Prevention** - recommendations will focus on maximizing mental health and wellness for all children and their families prior to the emergence of a mental, behavioral, or developmental disorder while also minimizing mental health challenges for high-risk populations.
- **Early Intervention** – recommendations will focus on addressing mental health concerns as early in life as possible when early signs or symptoms have emerged, including how to best target those children and families at greatest risk for significant mental, behavioral, or developmental disorders.
- **Treatment** – recommendations will focus on addressing the needs of children with mental, behavioral, or developmental disorders and their families with targeted interventions to address identified mental health concerns in the least restrictive setting.



# Recommendation Development



# RECOMMENDATION DEVELOPMENT PROCESS



Areas of Action

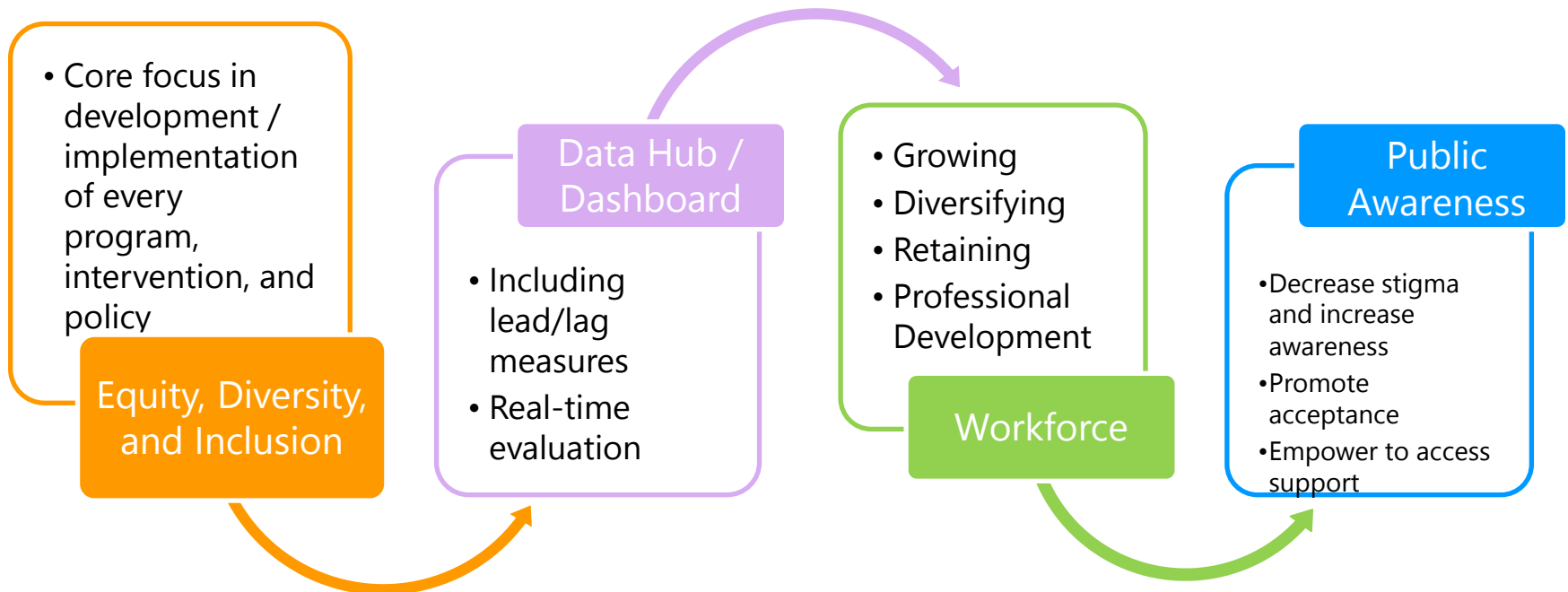
Action  
Steps

Recommendations

What are the major issues  
in children's mental health  
in Illinois?



# OVERALL THEMES







# Areas of Action Review



# AREAS OF ACTION

## TREATMENT WORKGROUP

- In Illinois, we will provide quality training to all child-serving professionals on mental health and wellness for children, their families, and their communities with a special emphasis on identifying, assessing, accessing, and integrating interventions and supports  3 Recommendations
- In Illinois, we will create a fully staffed, diverse and culturally representative, and quality mental health treatment workforce that is integrated with all child-serving systems and accessible in all regions of our state.  3 Recommendations
- In Illinois, we will develop and sustain evidence-based and quality mental health interventions and supports across the continuum of mental health service delivery, including alternative supports such as peer, natural, and paraprofessional  3 Recommendations

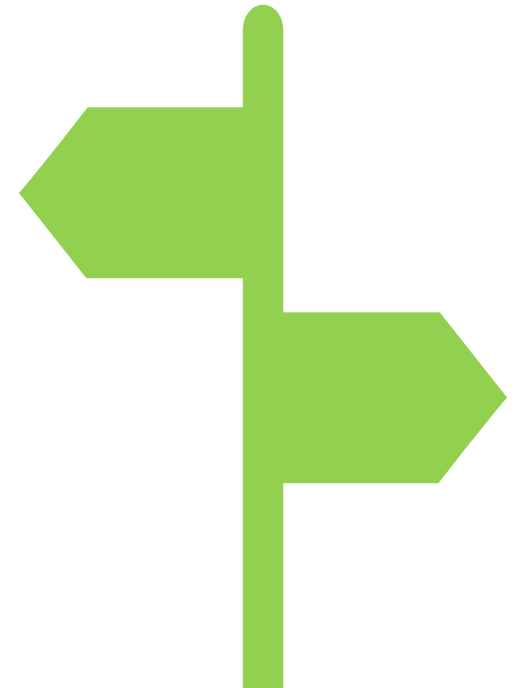


# Breakout Groups



# BREAKOUT GROUP LOGISTICS

- Breakout rooms divided by Area of Action (3 total)
- Workgroup members have been pre-assigned to one room / one Area of Action
  - Approximately 8 per room
- 5 minutes for introductions
- 20 minutes per recommendation for development of Action Steps
  - Only one person needs to take notes on the worksheet
  - All worksheets available in the same google doc
- Need tech assistance? Private message Julianna



## Early Intervention Area of Action #1

### ICMHP RECOMMENDATIONS, ACTION STEPS AND EVALUATION OF PROGRESS

<b>Work Group:</b>	
Issue Statement: AREA OF ACTION #1: <b>In Illinois, we will develop the appropriate criteria to identify children of all ages at risk for mental, behavioral, or developmental disorders and provide them with the necessary supports to prevent serious illness.</b>	
<b>Recommendation</b>	
Recommendation: 1. <b>Develop standardized criteria for identifying children at-risk across all child-serving systems and streamline eligibility determinations for supports and services.</b>	
Organization responsible:	Other key partners supporting this work:
<b>Action Steps:</b> 1) 2) 3)	
<b>Target group(s)</b>	
Target group(s) (e.g., Geographic, race/ethnic, LGBTQ, language minority, socioeconomic, residency, and disability status or other (please describe all that apply):	
<b>Cost</b>	
What is the projected cost of this recommendation?	
If applicable, <u>provide name of state or municipality</u> that has enacted an effort of this type that could serve as a model.	
Resources for this recommendation may come from: New dollars Existing budget lines (describe):	
<b>Other</b>	
<b>Notes:</b>	

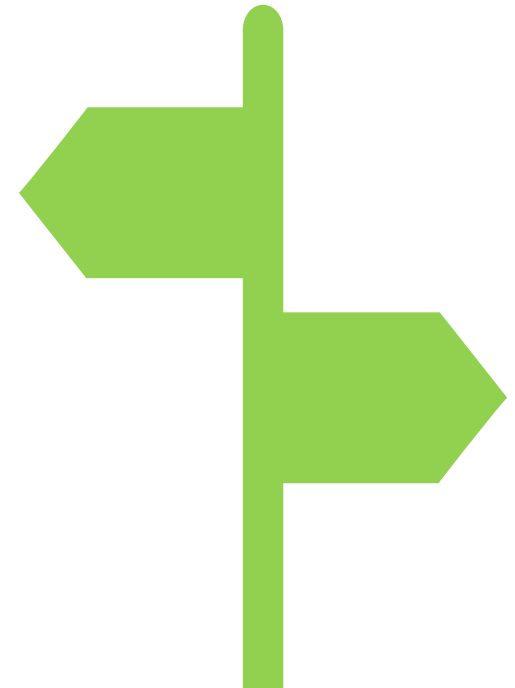
## EVALUATION OF PROGRESS TOWARD RECOMMENDATION AND ACTION STEPS

ICMHP plans to evaluate progress toward the 2022 Children’s Mental Health Plan. This evaluation tool will help ICMHP begin to plan for an evaluation that is strategic, thoughtful, and attends to equity and inclusion issues.

EVALUATION	
Outcome(s)	
Outcome(s) Sought:	
Measure(s):	Time Period: (Consideration: Is this the right length of time to see change?)
Is/Are the measure(s) sensitive enough to show change in the suggested time frame? Reconsider this/these measure(s) if response is no. <div style="text-align: center; margin-top: 5px;">NO            YES            UNSURE</div>	
Target group(s)	
Target group(s) (e.g., Geographic, race/ethnic, LGBTQ, language minority, socioeconomic, residency, and disability status or other (please describe all that apply):	Are there currently differences by groups of interest/focus? <div style="text-align: center; margin-top: 5px;">NO    YES    UNSURE</div>
Data	
Is the data currently available:      NO      YES      PARTIAL	If YES or PARTIAL, where is the data located?
If NO or PARTIAL, which organization is best suited to collect this data:	If YES or PARTIAL, is further analysis needed on the data to understand differences by groups of interest? <div style="text-align: center; margin-top: 5px;">NO            YES            UNSURE</div>

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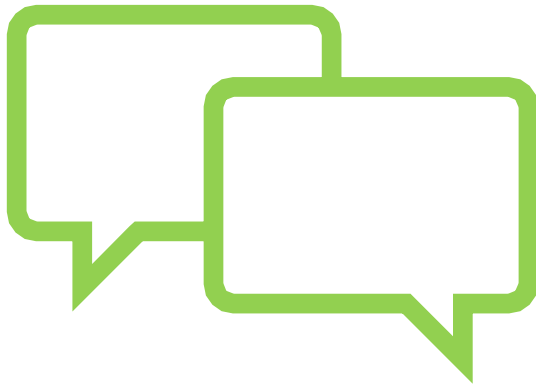




# Reconvene and Close Out

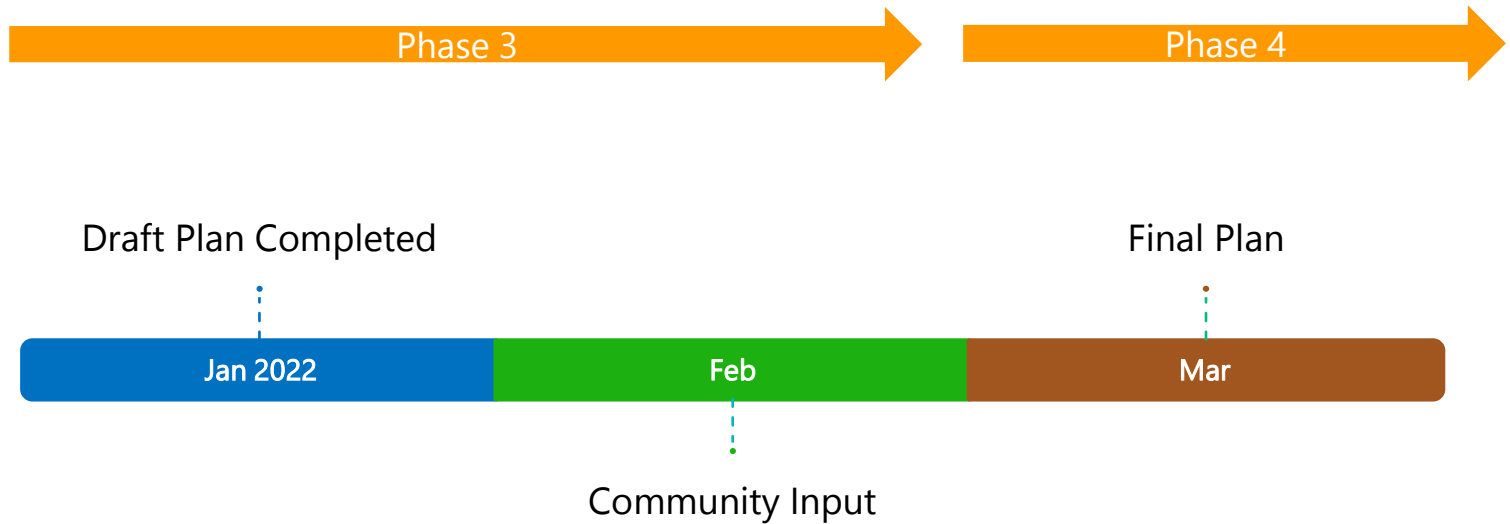


## BREAKOUT GROUPS REPORT OUT



- In Illinois, we will provide quality training to all child-serving professionals on mental health and wellness for children, their families, and their communities with a special emphasis on identifying, assessing, accessing, and integrating interventions and supports
- In Illinois, we will create a fully staffed, diverse and culturally representative, and quality mental health treatment workforce that is integrated with all child-serving systems and accessible in all regions of our state.
- In Illinois, we will develop and sustain evidence-based and quality mental health interventions and supports across the continuum of mental health service delivery, including alternative supports such as peer, natural, and paraprofessional

# CHILDREN'S MENTAL HEALTH PLAN PHASES 3 - 4



# ACCESSING INFORMATION

312-227-8124 | [icmhp@luriechildrens.org](mailto:icmhp@luriechildrens.org) | Search | **CRISIS RESOURCES**

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**CHILDREN'S MENTAL HEALTH PLAN**

- ANNUAL REPORTS
- COMMITTEES
- MEETINGS

SOCIAL DETERMINANTS OF HEALTH WORKGROUP  
PROMOTION AND PREVENTION WORKGROUP  
EARLY INTERVENTION WORKGROUP  
TREATMENT WORKGROUP

## BRIGHTENING THE PATH FOR YOUTH MENTAL HEALTH

Please send follow-up questions to:  
[icmhp@luriechildrens.org](mailto:icmhp@luriechildrens.org)

Illinois Children's Mental Health Partnership