

ILLINOIS CHILDREN'S MENTAL HEALTH PROMOTION & PREVENTION WORKGROUP MEETING JANUARY 13, 2022

**Welcome! In the chat box,
please let us know:**

- Your Name
- Your Title/Affiliation
- Your City/County
- Something you are looking forward to for the New Year



AGENDA

I. Overview

- a. Planning Process Overview
- b. Recommendation Development & Themes
- c. Areas of Action Review
- d. Breakout Group Format Overview

II. Breakouts – 3 Groups (by Area of Action)

- a. Refinement / Development of Action Steps

III. Reconvene & Close Out

- a. Breakout Group Report Out
- b. Next Steps





Planning Process Review



PLANNING PROCESS OVERVIEW

Four-Phase Process

Phase 1 – Planning and Preparation

Phase 2 – Community Input and Plan Development

- Workgroup Meeting #1: Orientation and Plan Process Overview
- Workgroup Meeting #2: Planning Session Refining Recommendations

Phase 3 – Present Draft Recommendations

Phase 4 – Finalize and Release Children’s Mental Health Plan

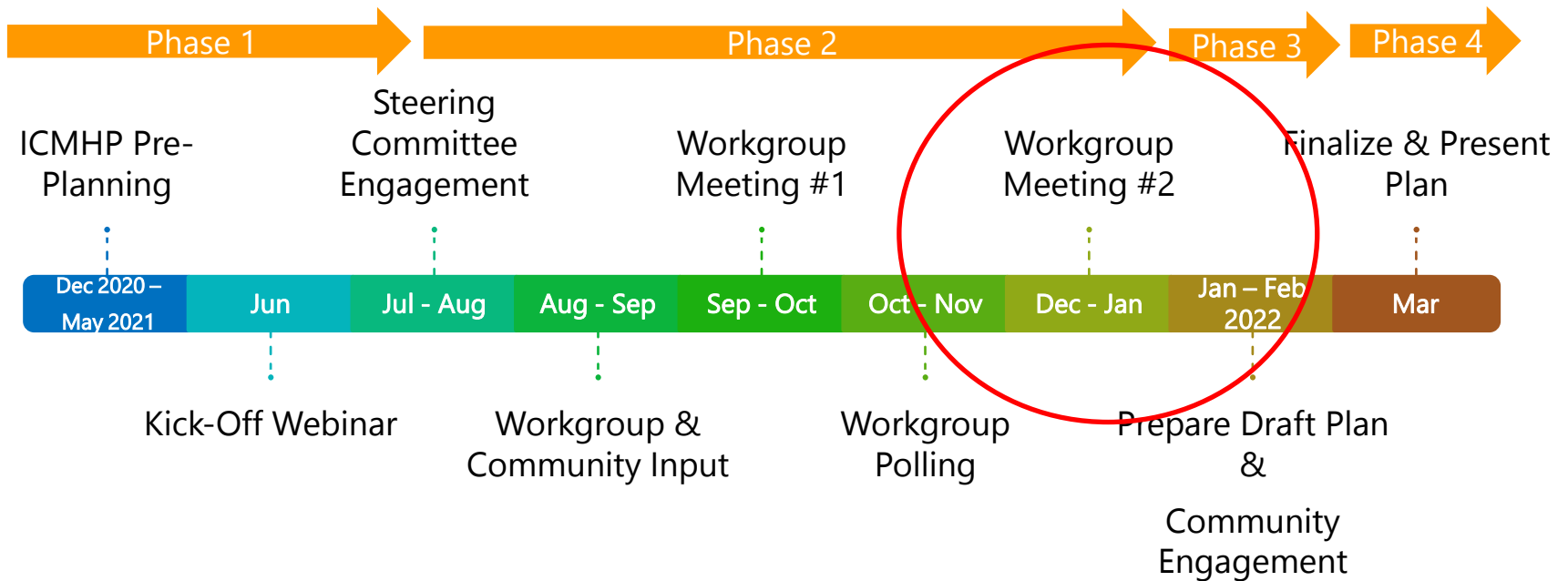
PHASE 1
(Aug 2021)

PHASE 2
(Sept–Dec 2021)

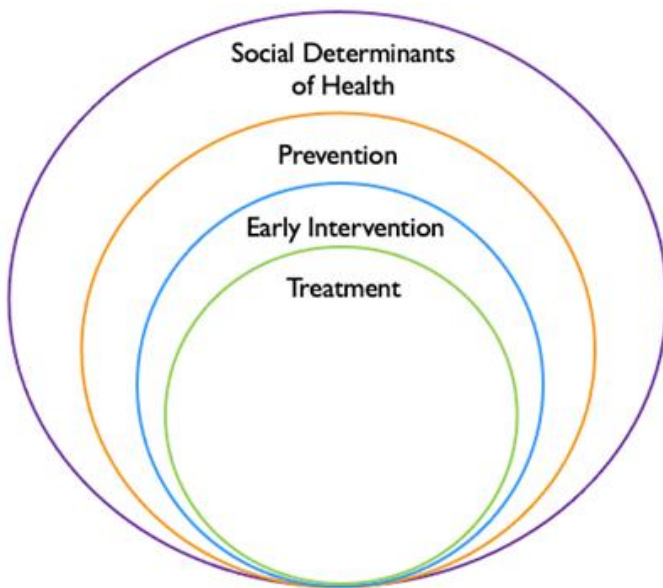
PHASE 3
(Jan-Feb 2022)

PHASE 4
(Mar 2022)

Children's Mental Health Plan – Development Process Timeline



WORKGROUP OVERVIEW



- **Social Determinants of Health** – recommendations will focus on the social, economic, and physical conditions where children and their families live, learn, work, and play and their unique impact on mental health and well-being.
- **Promotion and Prevention** - recommendations will focus on maximizing mental health and wellness for all children and their families prior to the emergence of a mental, behavioral, or developmental disorder while also minimizing mental health challenges for high-risk populations.
- **Early Intervention** – recommendations will focus on addressing mental health concerns as early in life as possible when early signs or symptoms have emerged, including how to best target those children and families at greatest risk for significant mental, behavioral, or developmental disorders.
- **Treatment** – recommendations will focus on addressing the needs of children with mental, behavioral, or developmental disorders and their families with targeted interventions to address identified mental health concerns in the least restrictive setting.



Recommendation Development



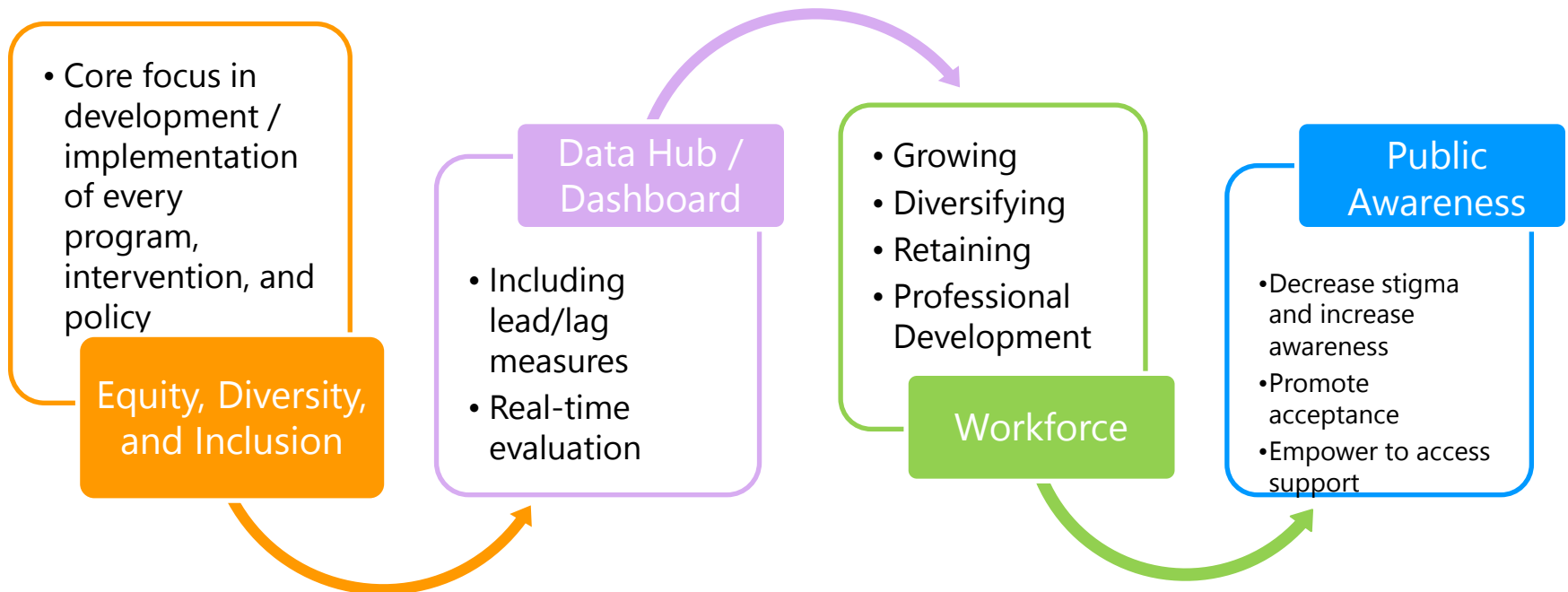
RECOMMENDATION DEVELOPMENT PROCESS



Recommendations

What are the major issues
in children's mental health
in Illinois?

OVERALL THEMES








Areas of Action Review



AREAS OF ACTION

PREVENTION WORKGROUP

- In Illinois, we will eliminate stigma for children, families, and communities through public awareness and education on mental health and its social determinants.  4 Recommendations
- In Illinois, we will ensure every child, family, and community has access to a health home that works to promote mental health and prevent mental health concerns as part of routine health care.  2 Recommendations
- In Illinois, we will ensure every child, family, and community receives high quality social/emotional learning and supports to address mental health and trauma in their lives and communities.  3 Recommendations

Breakout Groups



BREAKOUT GROUP LOGISTICS

- Breakout rooms divided by Area of Action (3 total)
- Workgroup members have been pre-assigned to one room / one Area of Action
 - Approximately 8 per room
- 5 minutes for introductions
- 20 minutes per recommendation for development of Action Steps
 - Only one person needs to take notes on the worksheet
 - All worksheets available in the same google doc
- Need tech assistance? Private message Julianna



Prevention Workgroup - Area of Action #1

ICMHP RECOMMENDATIONS, ACTION STEPS AND EVALUATION OF PROGRESS

Work Group:	
Issue Statement: AREA OF ACTION #1: In Illinois, we will eliminate stigma for children, families, and communities through public awareness and education on mental health and its social determinants.	
Recommendation	
Recommendation: 1. Assess the effectiveness of mental and behavioral health education programs delivered to children, families, and communities.	
Organization responsible:	Other key partners supporting this work:
Action Steps: 1) 2) 3)	
Target group(s)	
Target group(s) (e.g., Geographic, race/ethnic, LGBTQ, language minority, socioeconomic, residency, and disability status or other (please describe all that apply): Targeting communities with large cases of extreme poverty, parents raising grandkids and guardians,	
Cost	
What is the projected cost of this recommendation?	
Resources for this recommendation may come from: New dollars Existing budget lines (describe):	
Other	
Notes:	

EVALUATION OF PROGRESS TOWARD RECOMMENDATION AND ACTION STEPS

ICMHP plans to evaluate progress toward the 2022 Children’s Mental Health Plan. This evaluation tool will help ICMHP begin to plan for an evaluation that is strategic, thoughtful, and attends to equity and inclusion issues.

EVALUATION	
Outcome(s)	
Outcome(s) Sought:	
Measure(s):	Time Period: (Consideration: Is this the right length of time to see change?)
Is/Are the measure(s) sensitive enough to show change in the suggested time frame? Reconsider this/these measure(s) if response is no. <div style="text-align: center; margin-top: 5px;">NO YES UNSURE</div>	
Target group(s)	
Target group(s) (e.g., Geographic, race/ethnic, LGBTQ, language minority, socioeconomic, residency, and disability status or other (please describe all that apply):	Are there currently differences by groups of interest/focus? <div style="text-align: center; margin-top: 5px;">NO YES UNSURE</div>
Data	
Is the data currently available: NO YES PARTIAL	If YES or PARTIAL, where is the data located?
If NO or PARTIAL, which organization is best suited to collect this data:	If YES or PARTIAL, is further analysis needed on the data to understand differences by groups of interest? <div style="text-align: center; margin-top: 5px;">NO YES UNSURE</div>

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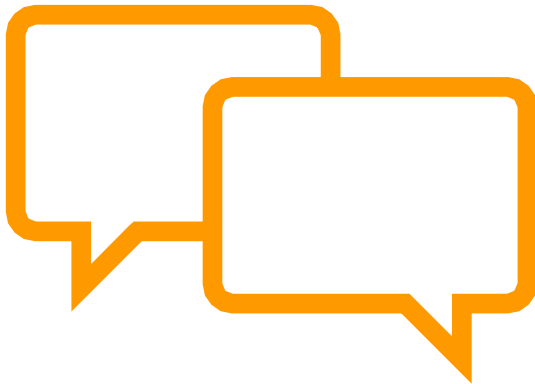




Reconvene and Close Out

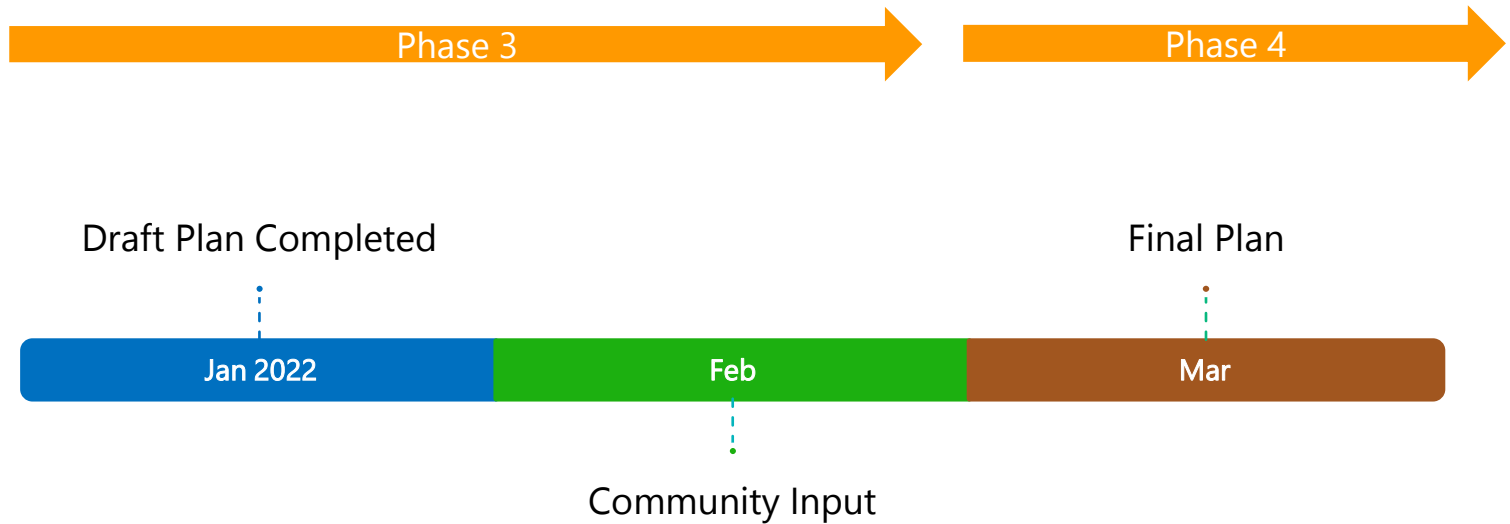


BREAKOUT GROUPS REPORT OUT



- In Illinois, we will eliminate stigma for children, families, and communities through public awareness and education on mental health and its social determinants.
- In Illinois, we will ensure every child, family, and community has access to a health home that works to promote mental health and prevent mental health concerns as part of routine health care.
- In Illinois, we will ensure every child, family, and community receives high quality social/emotional learning and supports to address mental health and trauma in their lives and communities.

CHILDREN'S MENTAL HEALTH PLAN PHASES 3 - 4



ACCESSING INFORMATION

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ABOUT US | **OUR WORK** | RESOURCES | NEWS & EVENTS | CONNECT WITH US

CHILDREN'S MENTAL HEALTH PLAN

- ANNUAL REPORTS
- COMMITTEES
- MEETINGS

SOCIAL DETERMINANTS OF HEALTH WORKGROUP
PROMOTION AND PREVENTION WORKGROUP
EARLY INTERVENTION WORKGROUP
TREATMENT WORKGROUP

BRIGHTENING THE PATH FOR YOUTH MENTAL HEALTH

Please send follow-up questions to:
icmhp@luriechildrens.org